

# About DSMM - 2016

## Organisation

With around 500 members, DSMM is one of the largest medical associations in Denmark. The membership, based mainly on general practitioners, also includes rheumatologists, anaesthetists, neurologists, orthopaedic surgeons and a few other specialists.

## Education

One of DSMM's main activities is the education of medical practitioners in musculoskeletal medicine. Ranging from basic to advanced, we offer 5-6 courses annually.

In 2015, a total of 120 medical practitioners took part in the courses.

The full range of courses offered by DSMM is based on the following Manual Medicine techniques:

- a Mobilisation without Impulse
- b Mobilisation with Impulse
- c Muscle Energy Technique
- d Myofascial Release Technique
- e Counter Strain Technique
- f Injection and Intramuscular Stimulation Technique
- g Muscular Diagnostics and Exercise Treatment
- h Master Course with combined Techniques

A Danish textbook on Manual Medicine techniques was published in 2003. And is now our official textbook. Before this we were using "Greenman's principles of manual medicine".

The Danish textbook is well illustrated and does discuss our standard, approved techniques (mobilisation with and without impulse, myofascial release and muscle energy techniques). At the moment we are looking for a new official textbook.

Our curriculum for our diploma consists of a series of courses that must be taken in a certain order.

To obtain diploma you must have at least 300 lessons.

We have also recently decided on criteria of continuation education and participating in Master Courses in order to be recertified for treating manual medicine.

At present, there are 78 diploma holders - and the number is steadily increasing. Many diploma holders work full or part time on a private basis.

## **Meetings**

Annual meetings are becoming a tradition.

Our annual meeting is a 2 day seminar, where we discuss a musculoskeletal problem from many angles and invite speakers from several different backgrounds to address the problem.

We often invite colleges from abroad to speak. Our 2016 annual meeting was about "Musculoskeletal problems in children". We had among others invited Ruth Kamping from Hanover to speak about the ATLAS techniques used in her association.

## **Political Status**

The Danish Health and Medicines Authority for Education and Registration have recently (03-03-2015) recognized us as the administrators of the education to obtain diploma in musculoskeletal medicine. They realize we look to other European countries for inspiration.

We have been recognized as an area of sub specialization.

Translation of the most important parts of the letter we received from the Danish Health and Medicines Authority of Education and Registration:

"We find it important that DSMM is a scientific society, incorporated in LVS (our umbrella organization for all scientific societies).

We also find it important that you have a 2 year education program in order to obtain a diploma in musculoskeletal medicine. That we can call it a sub speciality is due to the fact that it is additional to a specialization in a related field of medicine, and that it can be obtained by several different specialists.

We find that the area of musculoskeletal medicine is well situated in your society. That way it will remain a scientific area and be evaluated on a continuous basis through the LVS. Thereby the areas scientific evidence and professional involvement will be anchored in a medical society."

## **Publicity**

DSMM's website has been further developed and given a new, professional design and structure, including links to relevant subjects.

The address is: [www.dsम्म.org](http://www.dsम्म.org)

## **International participation**

We are a member of FIMM - Fédération Internationale de Médecine Manuelle - and participate in the international meetings in the society. There we have participated in the creation of "Guidelines on basic training and safety".

DSMM is also a member of the formalised European society ESSOMM, where we currently participate in the annual meeting in Rome. At these meetings we work on a consensus rapport on the curriculum of our basic and advanced courses. We also share knowledge and the latest scientific papers in our field. Many of the participants are teachers and presidents of our respective societies, hence it qualifies as an instructors course. We also participate in the Winter conference of ESSOMM.

There are links to ESSOMM and FIMM from our homepage.

Karen Goss