

# Revolutionary Concept in the Treatment of Pain & Depression

Exploring the neurophysiological impact  
of music on the human nervous system

.....in the Beginning



# .....in the Beginning



# HALF-MIS

*High Amplitude Low Frequency Music Impulse Stimulation*

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# About MUSIC

- A multitude of waves (appr. 20-20.000Hz) as a function of time
- Means for transmitting emotion from the composer/musician to a listener
- Means for coordinating and focusing brain activity
- Perception: The sense of hearing + ..... of vibration

# The system of the Pacini corpuscles

- Physiological properties, frequency optimum
- Distribution and purposes.....*WHY???* – THE CLOU
- Cortical representation of vibrotactile stimuli =
- Cortical representation of painful stimuli

# Neuroanatomy of the Pacini System

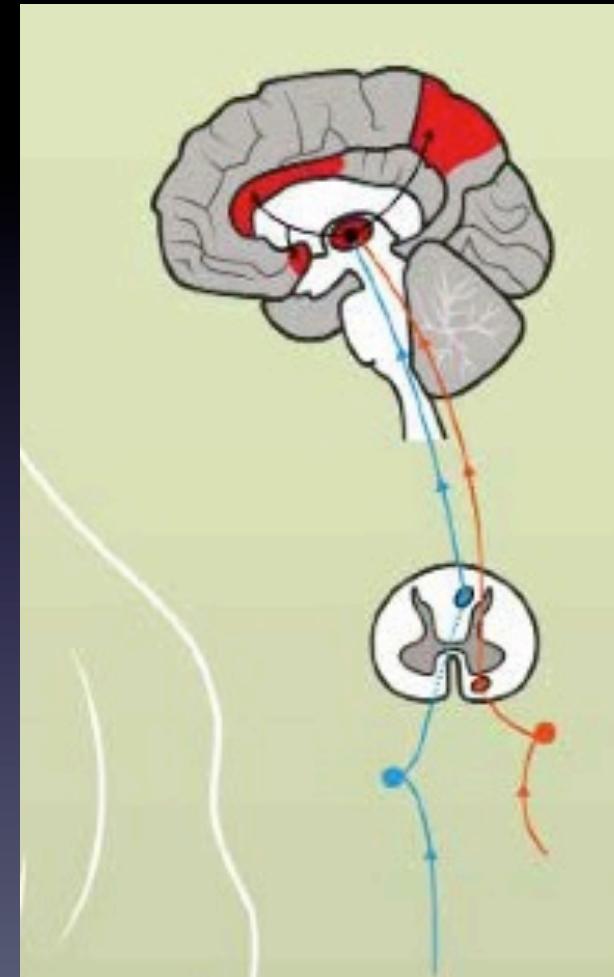
All vibrotactile input relayed in VPL

All painful stimuli, in VPL of Thalamus

Projections to the parietal lobe, S1&2

To the Limbic system

To the Brain Stem



# Neuroanatomy of the Pacini System

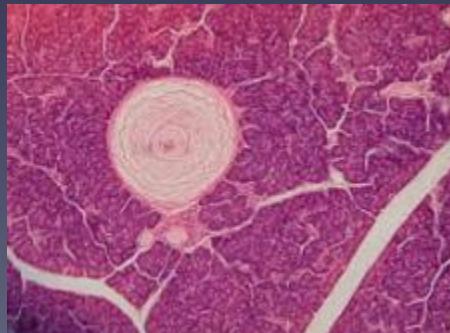
## The Vagus Nerve Pathway

Afferents to Nucleus Tractus Solitarius

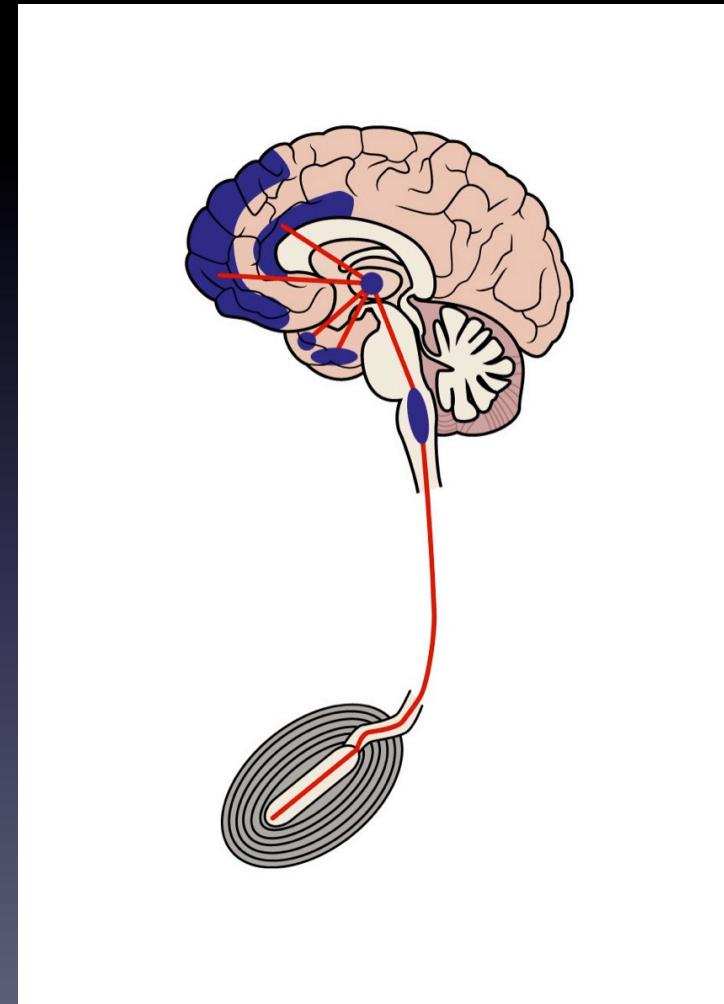
Viscero-Sensory stimuli, to VML of Thalamus

Projections to the frontal lobe, prefront.

To the Limbic system



The Pacinian Corpuscle



# HYPOTHESIS

- “A High Amplitude, Low Frequency Sound Impulse Stimulation is perceived by the abdominal Pacini corpuscles”
- “This activation of the visceral vibro-tactile system results in a reduced perception of pain”

# Scientific background

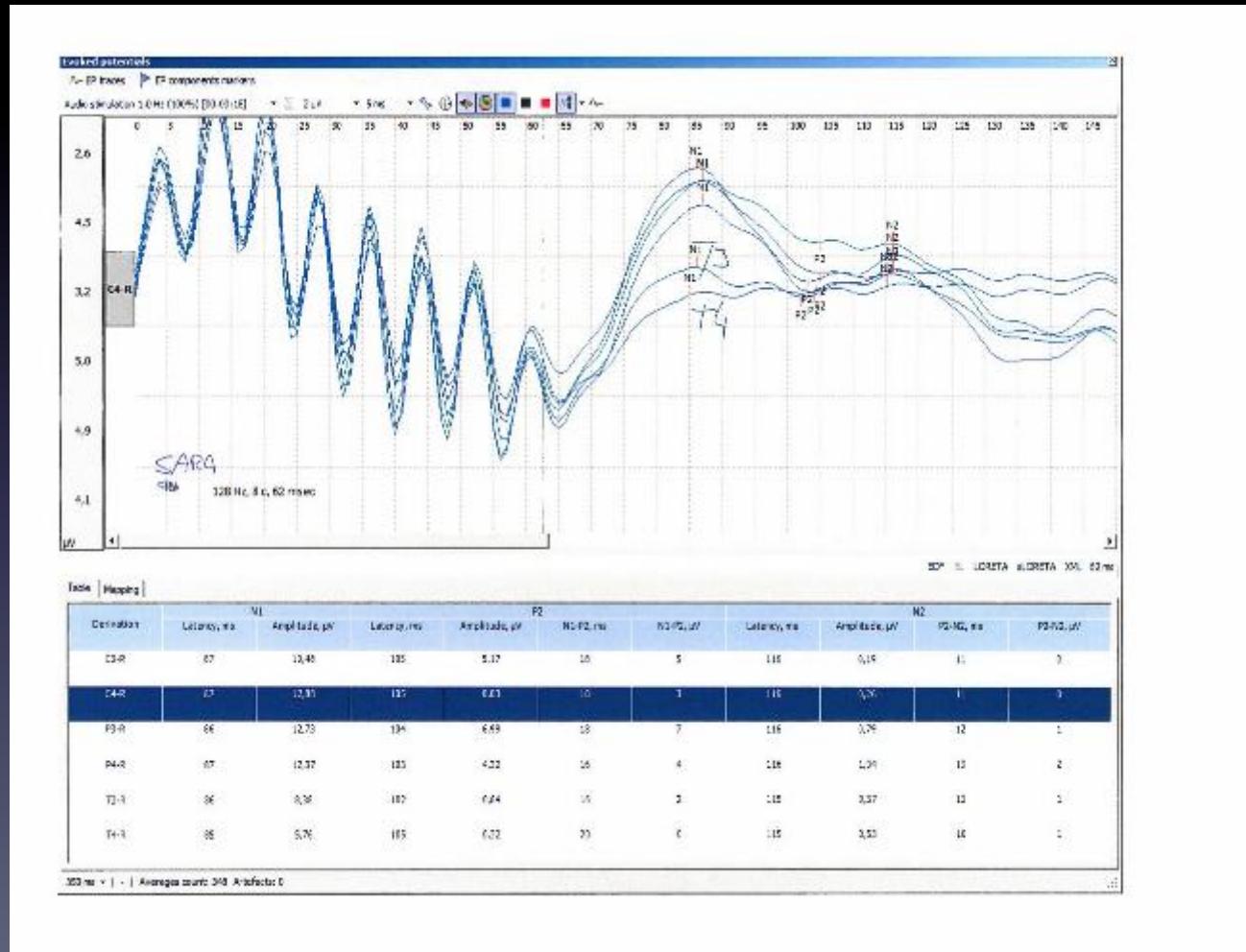
- Amassian, 1952: Double simultaneous stimulation of N. Ulnaris and Nn. Splanchnici
- Coghill et al.: Functional MRI, cortical representation of vibrotactile and painful stimuli
- About ELEPHANTS, subsonic communication
- Gate control theory and theory of neuroplasticity
- Vagus Nerve Stimulation – treatment modality

# Scientific Development

*Proof-of-concept & optimizing the treatment modality*

- Development of the VISEP modality
- VISEP in healthy volunteers, SCI, born deafs
- Double simultaneous stimulation, SSEP/VISEP
- HALF-MIS' effect on pain threshold
- fMRI/PET brain mapping of HALF-MIS
- Clinical trials: Depression, PDPN, CPSP, pruritus, epilepsy
- Implementing HALF-MIS as a Vagus Nerve Stimulator
- The Concept of HALF-MIS Home Treatment

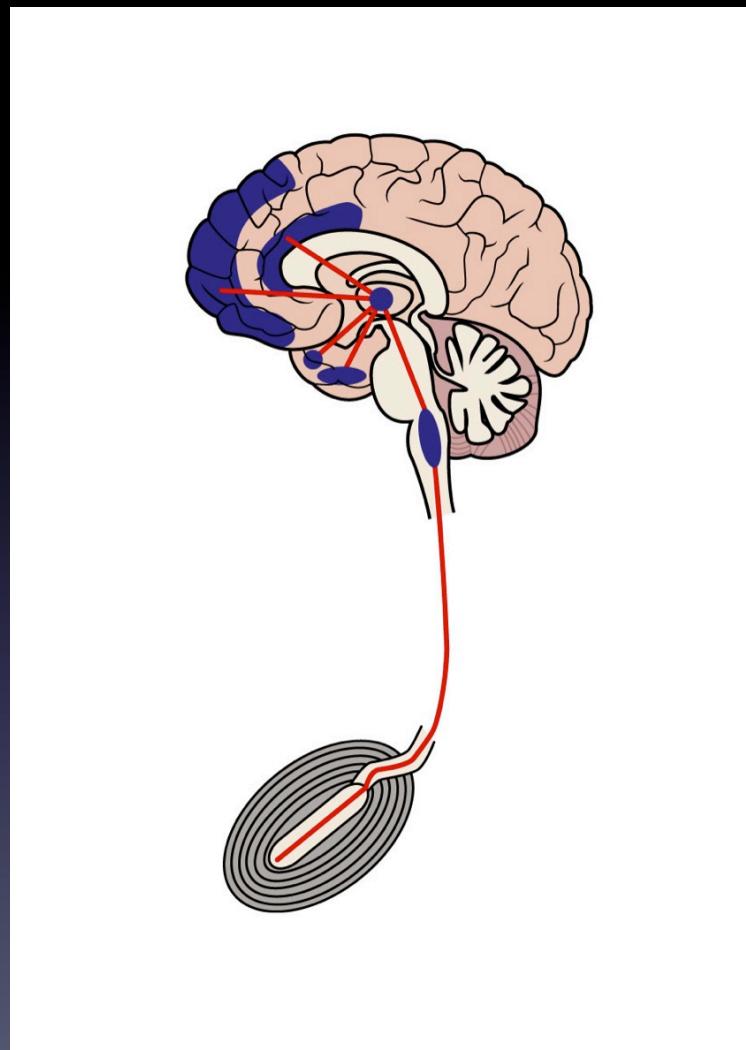
# VISEP – Viscero-Sensory Evoked Potentials



# VNS

*Vagus Nerve Stimulation,  
the evidence*

- Evidence-based guideline, AAN, 2013
- VNS for partial seizures, Cochrane
- VNS for treatment resistant depression
- VNS in migraine and headaches
- VNS in tinnitus
- VNS in drug addiction
- VNS in chronic pain



# HALF-MIS in the treatment of Epilepsy

*Implementing the VNS properties*

- Xong et al.: VNS' effect - vagal outer ear branch
- VNS in ESES children – HALF-MIS is safe
- Protocol: HALF-MIS in treatment resistant epilepsy
- Protocol: HALF-MIS in ESES
- Protocol: HALF-MIS as VNS – PET & fMRI proof

# HALF-MIS in the Psychiatry

## *Pending Protocols:*

- Wang, Sigurdadottir et al.: Depression
- Precht et al.: ADHD
- Nielsen et al.: Drug abuse

# HALF-MIS, RCT in Depression

## *Results, Protocol completed:*

Treatm/Hamil	Ham17Start	Ham17Slut	Ham6Start	Ham6Slut
HALF-MIS	20,77	15,22*	11,11	7,88*
CONTROL	19,65	18,05*	10,35	9,60

\* = Statistically significant

Results in Table 2 do show results for both Hamilton17 and Hamilton6. For the Halfmis group the difference for Hamilton17 at start and end 5.55 (highly significant with p=0.001) and for the control group 1.60 (also significant with p=0.019). The difference in Hamilton6 for the Halfmis group is 3.12 (significant with p=0.004) and for the control group 0.75 (non-significant with p=0.121)

# Technology of the Music and empiric evidence

- Properties of the music, rhythm, enhancing beauty
- The music development group: Palle Mikkelborg, Chris Minh Doky, Niels Lan Doky, Bernhard Lewkovitch, Niels Eje et al.
- Digital production enabling sound design of HALF-MIS
- Math. designed bass tracks – effect parameter control
- Subwoofer versus high power vibratory technology

# Technology of the Music, the programming interface & environment



# Product Development

*The Prototype for Home Treatment*

- The “vibro-generator”
- The HALF-MIS sensors –
- Transmission of patient data
- The iPad – downloading APPs
- Algorithms for optimizing
- The catalogue of music
- Measuring the effect



# Product Development

*The Prototype for Home Treatment*



# The Treatment Session

*The Patient's side/  
The Doctor's side*

- The Patient is “mounted” in the chair
- The Patient starts and controls the Session
- The Evaluation
- The Doctor defines the treatment course
- Monitoring and storing the biometric data

 Billedet kan ikke vises. Computeren har muligvis ikke hukommelse nok til at åbne billedet, eller billedet er muligvis blevet beskadiget. Genstart computeren, og åbn derefter filen igen. Hvis det røde x stadig vises, skal du muligvis slette billedet og indsætte det igen.

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# Safety

*HALF-MIS is absolutely safe!*

- Non-pharmaceutical, non-invasive, non-electrical
- Earlier experience (evidence) with VAT (Vibro-Acoustic Therapy) and VAM
- Own experience – dose related uncomfortabilities
- Proof of safety according to ISO 2163
- The biosignal feed-back and patient control protection system
- The cumulated G force monitoring system – the “Nielsen”-unit
- The system of regulatory approval in the developed countries

# HALF-MIS

## *Visions of the possibilities*

- An efficient, innovative, evidence based pain treatment system
- NO side effects – NON-INVASIVE - NON-PHARMACEUTICAL
- The system is easily applicable for pain treatment at home
- ADD-ON to medical treatment
- HALF-MIS may prevent the development of neurogenic pain
- All types of pain are relieved
- Symptoms of depression and anxiety are proven to be relieved
- In severe depression ECT may be replaced by HALF-MIS
- HALF-MIS as a VNS provides a new treatment for epilepsy and migraine

# Case Stories

*excerpts from the HALF-SIS logs:*



- Tension Type Headache
- Spinal Cord Injury
- Spasticity, CPSP & Depression
- Central Post Stroke Pain
- ADHD
- Whip Lash trauma
- CRPS (Complex Regional Pain Syndrome)
- Dercum's disease

*Thank you!  
And feel free to try it yourself!!!*



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